



SPA & Beauty Services





Dum loquimur fugerit invida aetes



## Accreditations

Our exclusive partners ensure spa cosmetics products of the highest standard. All raw materials and active ingredients used are carefully selected from those with quality certificates and efficacy tests. Their suitability is periodically re-assessed at the most prestigious university clinics. All the machines in the relaxation area are supplied by our partner 'Starpool', a leading company in the spa-wellness segment.



# SPA & Beauty Services

## Wetland Relaxation Area:

- Heated hydrothalassotherapy tub
- Turkish bath with aromochromotherapy
- Finnish Sauna
- Sensory cold mist shower
- Ice fountain
- Relaxation area with de-stress chaise lounge and tea corner

**N.B.: The experience lasts 2 hours. Reservation is recommended.**

The recommended length of stay in the steam bath and the Finnish sauna can be reduced according to personal heat tolerance; on the other hand, we recommend not exceeding the times indicated in the spa programme.

## Massage and Treatment Booths

- 2 single cabins
- 1 double treatment cabin for couples

## Rental sponge kit €7.00 per person

- Bathrobe
- Slippers
- Bath towel



After completing their training, our therapists specialised in classical massage and internationally renowned massage techniques. They have many years of experience in the sector.



# Massages

Invigorating and anti-stress massages:  
relax and enjoy your stay.

## Body Relaxation with Aromatic Oils

€ 69,00

Slow and gentle strokes and delicate aromas to relax the mind and body. Traditional massage with our own original twist.

Min. 40

## Specific Anti-Cellulite Draining Massage

€ 75,00

Helps treat cellulite naturally through a sequence of slow, rhythmic movements in critical areas, promotes circulation, reduces swelling and improves the process of eliminating toxins.

Min. 50

## Invigorating Greek-Roman Massage

€ 75,00

Manual techniques and sustained movements on specific points to stimulate the muscles and relieve tension.

Min. 50

## Candle Massage

€ 85,00

NOUVEAU

A light and unique fluid that warms the body, melting away tension and fatigue. Practised in the best wellness centres in combination with knowledge and techniques accredited by all international standards. A unique experience that relaxes the muscles and calms the mind.

Min. 50





Gentle touch,  
massage  
Specific Anti-Stress  
Massage

€ 75,00

Gentle touch, soft massage to achieve a state of inner peace and relaxation.

Min. 50

Antioxidant  
Olive Oil Massage

€ 69,00

Cold-pressed natural extra virgin oil, with to its softening and emollient properties, revitalises the skin while reactivating blood circulation, thus reducing swelling and heaviness in the legs.

Min. 40

Back and  
Neck Massage

€ 55,00

Relaxing and particularly suitable for those suffering from neck, back and lumbosacral pain. Effective and natural remedy with no restrictions.

Min. 30

Tibetan Massage  
with Bags

€ 79,00

The combined use of soft sachets flavoured with grape must or chocolate and warm oils induces a profound feeling of well-being and general relaxation of both body and mind by decontracting the muscles through manipulation and heat.

Min. 50





# Body Treatments

The best treatments for the well-being  
of your body and mind.

## Total body scrub treatments with Pakistani or Dead Sea salt

€ 55,00

As rich as the waters of the Dead Sea, this scrub exploits the capacity of Salt to oxygenate body tissues and favours the elimination of dead cells, restoring firmness to the skin and performing a deep draining action.

Min. 30

## Fango Spa of Montecatini

€ 85,00

With its special active ingredients, it facilitates a draining and firming action on the skin and muscles, purifying the skin in depth and giving it a smoother appearance. The thermal waters of Montecatini Terme reactivate the circulation and improve muscle tone.

Min.60

## Localised Firming Body Treatment, Mud and Anti- Cellulite Massage

€ 139,00

A true beauty package that includes an exfoliating scrub suitable for all skin types. Mud to gently and naturally shape curves and combat fluid retention and excess fat. The anti-cellulite massage stimulates lymphatic circulation, dissolving fat accumulations, reshaping the body and promoting the elimination of toxins and muscle relaxation.

Min.90

## Anti-cellulite Draining Mud with Active Heat effect

€ 85,00

A combined thermal osmotic effect that is beneficial in the treatment of cellulite and localised fat. The heat-induced lipolytic effect restores skin tone and vitality.

Min. 60

## 'Dolce Attesa' Treatment

€ 59,00

This special treatment has the main objective of providing well-being and relaxation, relieving swelling and a sense of heaviness that very often accompany women during pregnancy. Products based on natural active ingredients combat water retention and promote microcirculation.

Min. 30

## Light Legs Treatment

€ 59,00

Concentrating on the lower limbs, legs, thighs, and buttocks, with draining, circulatory and anti-cellulite manoeuvres, this treatment is particularly suitable for those who practise sport but also for those who suffer from localised and/or widespread water retention, swelling problems, cellulite, circulation problems, and a feeling of heaviness in the legs. It proves to be a valuable support for pregnant women.

Min.30

Carpe diem





# Premium Treatments

The magic of our exclusive treatments  
for an unforgettable moment of relaxation.

## Hot Stone Massage

€ 85,00

The holistic Hot Stone massage therapy has ancient origins.

This type of massage, which is carried out using hot stones placed on the body, has many psychological and physical benefits, easing muscle tension and relieving muscle stiffness by harnessing the power of heat.

Min. 60

## Smart Couple Massage

€ 139,00

Performed by two practitioners at the same time, this special treatment induces a deep state of relaxation, ensuring an invigorating and toxin-purifying action.  
Min. 40

## Gold Couple Massage

€ 199,00

Performed by two practitioners at the same time, this special treatment induces a deep state of relaxation, ensuring an invigorating and toxin-purifying action.  
Min. 50







## Facial Treatments

A whole range of treatments to keep  
and regenerate the beauty of your face.

### SPA Facial Treatments Personalised Diagnosis

From €79.00

Customised treatments with exclusive, natural, hypoallergenic and anti-ageing products using specific spa line masks for sensitive, oily or impure skin.

Min. 40

### Pure Pro Purifying Treatment

€ 130,00

A purifying action with a detoxifying effect ideal for oily and impure skin types.

A unique synergy with charcoal reduces inflammation and helps combat the formation of pimples and blackheads.

Min. 90

### Age Pro treatment with Ultra Rich Complex ampoule

€ 130,00

Restores skin tone and radiance, also with the smoothness ampoule. The special Ultra Rich Complex ampoule with Argan, Goji Berry and stem cells also ensures anti-wrinkle effects for a real lifting action.

Min. 90

### Gold Touch Anti- Age Treatment

€ 89,00

Particularly suitable for tired and scarred skin, facial wrinkles will appear smoothed and plumped with a filler effect thanks to special seaweed and polysaccharides.

Min. 60

### Relaxing Face Massage

€ 50,00

Produces a sense of deep relaxation giving the skin a youthful and healthy appearance, alleviates stress, relieves migraines and releases vital energy blocks.

Min. 30

### Anti-ageing Enhanced with Marine Pearls

€ 130,00

To deeply nourish and moisturise every skin type, improve its defence systems thanks to the energy-balancing action of Biolift, and protect it from harmful environmental factors.

Min. 90



## Beauty Treatments

SPA Pedicure

€ 29,00

SPA Manicure

€ 19,00



# SPA Regulation

## Opening hours and Appointments

To ensure a better service, we request that you book your treatments and massages at least 24 hours in advance. In order to avoid any inconvenience, we ask you to respect the opening hours of the wellness centre as well as the recommended times inside the spa cabins.

Our staff is at your disposal for any clarification. In the event of rain, the management reserves the right to anticipate the opening of the wellness centre. Please observe these rules carefully, for your own and others' sake.

Call the SPA direct line from your room telephone by dialling 4200.

## Cancellation

Modification or cancellation of booked treatments is possible up to 12 hours before the scheduled date. In the event of cancellation or late modification, the treatment will be charged in any case.

## Tranquillity

Our customers are courteously asked, an attitude consistent with our own commitment to provide an environment conducive to harmony and relaxation. We therefore ask you to use a moderate and calm tone of voice, avoid running and avoid using mobile phones, computers and other electronic devices.

## Hygiene and Safety

Guests may enter the wellness centre wearing the bathrobe and slippers provided upon arrival. Under no circumstances may you enter dressed or wearing shoes. A lukewarm shower to remove face and body creams, hair gel and make-up is mandatory before entering the wellness centre and pools. Please use the special steps to access and exit the hydro pool. For obvious reasons, we ask you not to consume food near the pools and in the spa cabins of the wellness centre. We also ask you to refrain from bringing glasses and glass bottles into the entire wellness centre area. Anyone violating these rules may be politely removed from the wellness centre.

## Minors

Children under 14 years of age are not permitted to enter the wellness centre premises. We ask parents to look after their children and to make them respect the tranquillity of the spaces.

## Tips

For proper use of the Finnish sauna, it is recommended to take a warm preparatory shower, to enter with a dry body, and to sit on a sponge towel. For proper use of the steam bath, it is recommended to take a warm preparatory shower, entering with the body wet. In order to maintain the right temperature and humidity inside the cabins, the doors must remain tightly closed. You are not allowed to enter the Finnish sauna and steam bath with slippers. The use of a towel is mandatory inside the sauna. In all cabins of the wellness centre and in the whirlpool, wearing a swimming costume is strongly recommended; for women, preferably a simple model with no applications of any material other than Lycra or cotton, while swim briefs are recommended for men.

## Values

It is strongly recommended not to wear jewellery while in the wellness and treatment area. The management accepts no liability for money or other valuables left unattended.

## Limitations

Use of the relaxation area is not recommended for people with cardiovascular disease, kidney disease, severe varicose veins, epilepsy, diabetes and pregnant women.

Quam minimum credula postero





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